

MUSTARD SEED

MATTHEW 13:31-32, 17:20; MARK 4:30-32; LUKE 13:18-19, 17:5-6



PREPARATION
Plant 3 weeks
before your last
frost date



GROWING SEASON
Need 2 inches of
water per week



HARVEST & EAT
Sauté the leaves of
the plant much like
you would for
spinach or kale

THE STORY BEHIND THESE SEEDS:

The mustard seed is used in parables found in the Gospels. Parables are a story that illustrates an instructive lesson or religious truth through comparisons in everyday life. It is generally agreed upon that the mustard tree in the parable is the black mustard plant that we know today. From such a tiny seed, grows a significant sized bush in a relatively short amount of time.

1

BIBLE

Read and learn about the meaning being illustrated with the mustard seed

2

LITERARY STYLES

Learn more about parables, then write one yourself

3

CULINARY

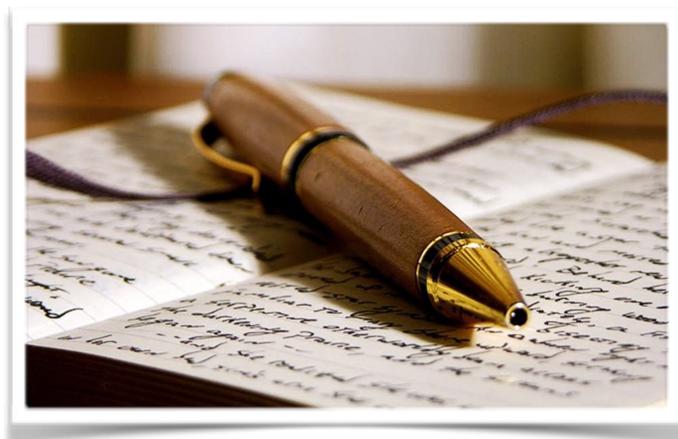
Learn more about the mustard plant and how to use it

LESSONS & CONNECTIONS

WHICH BOOKS OF THE BIBLE MAKE UP THE GOSPELS? Matthew, Mark, Luke, and John

WHAT DOES THE PARABLE OF THE MUSTARD SEED TEACH US? The parable of the mustard seed explains that the disciples of Christ began with just a few men but grew to countless numbers across the earth. It also illustrates that we should be small like the seed, and by doing so, we can grow in virtue to such an extent that even the winged creatures of heaven will seek rest in our branches. This story points to the inner mystery of transformation in the world. "The parables are not concerned simply with things that grow, but with the human planting and harvesting of those things." (Reardon)

WHAT ARE THE TYPES OF WRITING STYLES AND LITERARY DEVICES? The 4 writing styles are expository, descriptive, persuasive, and creative writing. Can you recognize each of these styles and then write something using each of them? What is a literary device? They are literary techniques used to add meaning for the listener or reader. Can you name some literary devices?



Parables, allegory, alliteration, and irony are all literary devices. How would you use these in a story?

HOW CAN WE USE THE MUSTARD PLANT IN OUR KITCHEN? The leaves can be harvested and cooked in a myriad of ways. Can you find a recipe on the internet or in a cookbook that you can make for dinner? At the end of the growing season, how can you use the mustard seeds? You can learn how to save them for the following growing season and you can also learn how to make homemade mustard.

What other vegetables are related to mustard greens? All vegetables in the genus Brassica

ADDITIONAL RESOURCES

Parable of the Mustard Seed: The Kingdom of Heaven ~
Search: Orthodox Catechism Project Parable of the Mustard Seed

The Parables by Archbishop Dmitri

The Parables and the Structure of the World by Fr. Patrick Reardon ~
antiochian.org/node/18050

Brassicas: Cooking the World's Healthiest Vegetables by Laura Russel

