

# WEEK 14: LITURGY - THE CREED

PRE-K - KINDERGARTEN

## GOALS

What is the Creed about?  
Why is it so important?

## LESSON

*This lesson covers pages 58 - 62 in "Christ Amongst Us"*

*What is the Creed?*

The Creed is recited during every single Divine Liturgy.

*Read the Creed to the students in order for them to understand which prayer you are talking about:*

**I** believe in one God, the Father, the Almighty, Creator of heaven and earth, and of all things visible and invisible;

**A**nd in one Lord, Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages; Light of Light, true God of true God, begotten, not created, of one essence with the Father, through Whom all things were made;

**W**ho for us men and for our salvation came down from the heavens and was incarnate by the Holy Spirit and the Virgin Mary, and became man;

**C**rucified for us under Pontius Pilate, He suffered and was buried;

**R**ising on the third day according to the Scriptures;

**A**nd ascending into the heavens, He is seated at the right hand of the Father;

**A**nd coming again in glory to judge the living and the dead, His Kingdom shall have no end;

**A**nd in the Holy Spirit, the Lord, the Giver of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets;

**I**n one, holy, catholic, and apostolic Church;

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**I** acknowledge one baptism for the remission of sins; **I** expect the resurrection of the dead; **A**nd the life of the age to come. Amen.

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*What is the Creed about?*

We believe in one God, not multiple gods.

Jesus is the Son of God.

God created the planets and stars, the animals, the plants, and all the people.

Jesus' mom is the Theotokos and Jesus came to earth to save us.

Jesus was killed on the Cross under the man Pontius Pilate. He died and then rose from the dead.

Heaven will exist for always and forever.

The Holy Spirit proceeds from God the Father. We worship the Father and the Son and the Holy Spirit. We call them the Holy Trinity.

We will only be baptized one time and we believe that one day Jesus will come again to raise everyone from the dead.

It is very important for us to learn the Creed when we're a little bit older and say it with everyone else. As we say the Creed, we are saying what we believe as Orthodox Christians.

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Do you know when another time the Creed is said? When a person is baptized. When you were a little baby, your godparents said the Creed in the narthex before entering the church. (If you have the book, "The Story of You" by Pres. Angela Alatzakis, this is a great supplement for this lesson.)

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# WEEK 14: LITURGY - THE CREED

1ST - 2ND GRADE

## GOALS

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## LESSON

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**W**ho for us men and for our salvation came down from the heavens and was incarnate by the Holy Spirit and the Virgin Mary, and became man;

**C**rucified for us under Pontius Pilate, He suffered and was buried;

**R**ising on the third day according to the Scriptures;

**A**nd ascending into the heavens, He is seated at the right hand of the Father;

**A**nd coming again in glory to judge the living and the dead, His Kingdom shall have no end;

**A**nd in the Holy Spirit, the Lord, the Giver of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets;

**I**n one, holy, catholic, and apostolic Church;

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**I** acknowledge one baptism for the remission of sins; **I** expect the resurrection of the dead; **A**nd the life of the age to come. Amen.

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*What is the Creed about?*

We believe in one God, not multiple gods.

Jesus is the Son of God.

God created the planets and stars, the animals, the plants, and all the people.

Jesus' mom is the Theotokos and Jesus came to earth to save us.

Jesus was killed on the Cross under the man Pontius Pilate. He died and then rose from the dead.

Heaven will exist for always and forever.

The Holy Spirit proceeds from God the Father. We worship the Father and the Son and the Holy Spirit. We call them the Holy Trinity.

We will only be baptized one time and we believe that one day Jesus will come again to raise everyone from the dead.

It is very important for us to learn the Creed and say it with everyone else. As we say the Creed, we are saying what we believe as Orthodox Christians.

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Do you know when another time the Creed is said? When a person is baptized. When you were a little baby, your godparents said the Creed in the narthex before entering the church. (If you have the book, "The Story of You" by Pres. Angela Alatzakis, this is a great supplement for this lesson.)

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# WEEK 14: LITURGY - THE CREED

3RD - 5TH GRADE

## GOALS

What is the Creed about?  
Why is it so important?

## LESSON

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**A**nd in one Lord, Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages; Light of Light, true God of true God, begotten, not created, of one essence with the Father, through Whom all things were made;

**W**ho for us men and for our salvation came down from the heavens and was incarnate by the Holy Spirit and the Virgin Mary, and became man;

**C**rucified for us under Pontius Pilate, He suffered and was buried;

**R**ising on the third day according to the Scriptures;

**A**nd ascending into the heavens, He is seated at the right hand of the Father;

**A**nd coming again in glory to judge the living and the dead, His Kingdom shall have no end;

**A**nd in the Holy Spirit, the Lord, the Giver of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets;

**I**n one, holy, catholic, and apostolic Church;

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**I** acknowledge one baptism for the remission of sins; **I** expect the resurrection of the dead; **And** the life of the age to come. Amen.

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*What is the Creed about?*

(Using Ideaboardz, go over each section of the Creed with your students. What does the Creed mean?)

We believe in one God, not many gods. God is the creator of heaven and earth as well as everything we can see and cannot see. What is something we know exists but we cannot see? Angels

Jesus was begotten from God the Father. The Father did not create Jesus. What does begotten mean? “To generate” or “to cause; produce as an effect” Jesus is one essence with the Father - this is the mystery of the Holy Trinity.

Jesus was born and came to earth for our benefit. He was incarnate (“given a bodily form”) through the Holy Spirit and the Virgin Mary (Theotokos is Jesus’ mom) and became man.

Jesus was killed on the Cross under the authority of a man named Pontius Pilate. Jesus died on the Cross and was buried.

After being dead for three days, Jesus rose from the dead. This is our biggest feast day of the entire year - Pascha!

Jesus went back into the heavens and will come back someday (nobody knows when) and judge the living and the dead. God’s Kingdom is forever.

The Holy Spirit proceeds from the Father and is worshipped together with the Father and the Son (Jesus). This is the Holy Trinity.

In one universal and apostolic Church, I acknowledge that I will have only one baptism, I expect the resurrection of the dead; and the life of the ages to come. Amen.

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“We call the statement of our beliefs the Creed for short, but it can also be called the Nicene-Constantinopolitan Creed. This long name tells us a little about the history of the Creed.

Many years ago there were people who tried to lead others away from the Orthodox Faith by saying things about God which were not true. Many of the Bishops wanted to protect the Faith. They came together in two meetings which we call Ecumenical Councils. At these councils, they decided what all Orthodox Christians should believe, and put these beliefs together into the Creed.

The Creed receives its long name from the two cities in which the Ecumenical Councils met: Nicea and Constantinople.” (- *The Divine Liturgy Activity Book*)

It is very important for us to learn the Creed and say it with everyone else. As we say the Creed, we are saying what we believe as Orthodox Christians.

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# WEEK 14: LITURGY - THE CREED

## MIDDLE SCHOOL

### GOALS

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### LESSON

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**C**rucified for us under Pontius Pilate, He suffered and was buried;

**R**ising on the third day according to the Scriptures;

**A**nd ascending into the heavens, He is seated at the right hand of the Father;

**A**nd coming again in glory to judge the living and the dead, His Kingdom shall have no end;

**A**nd in the Holy Spirit, the Lord, the Giver of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets;

**I**n one, holy, catholic, and apostolic Church;



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**I** acknowledge one baptism for the remission of sins; **I** expect the resurrection of the dead; **And** the life of the age to come. Amen.

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*What is the Creed about?*

(Using Ideaboardz, go over each section of the Creed with your students. What does the Creed mean?)

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After being dead for three days, Jesus rose from the dead. This is our biggest feast day of the entire year - Pascha!

Jesus went back into the heavens and will come back someday (nobody knows when) and judge the living and the dead. God’s Kingdom is forever.

The Holy Spirit proceeds from the Father and is worshipped together with the Father and the Son (Jesus). This is the Holy Trinity.

In one universal and apostolic Church, I acknowledge that I will have only one baptism, I expect the resurrection of the dead; and the life of the ages to come. Amen.

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## HIGH SCHOOL

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**Who** for us men and for our salvation came down from the heavens and was incarnate by the Holy Spirit and the Virgin Mary, and became man;

**Crucified** for us under Pontius Pilate, He suffered and was buried;

**Rising** on the third day according to the Scriptures;

**And** ascending into the heavens, He is seated at the right hand of the Father;

**And** coming again in glory to judge the living and the dead, His Kingdom shall have no end;

**And** in the Holy Spirit, the Lord, the Giver of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets;

**In** one, holy, catholic, and apostolic Church;

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**I** acknowledge one baptism for the remission of sins; **I** expect the resurrection of the dead; **And** the life of the age to come. Amen.

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The Holy Spirit proceeds from the Father and is worshipped together with the Father and the Son (Jesus). This is the Holy Trinity.

In one catholic (which means “universal”) and apostolic Church, I acknowledge that I will have only one baptism, I expect the resurrection of the dead; and the life of the ages to come. Amen.

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Many years ago there were people who tried to lead others away from the Orthodox Faith by saying things about God which were not true. Many of the Bishops wanted to protect the Faith. They came together in two meetings which we call Ecumenical Councils. At these councils, they decided what all Orthodox Christians should believe, and put these beliefs together into the Creed.

The Creed receives its long name from the two cities in which the Ecumenical Councils met: Nicea and Constantinople.” (- *The Divine Liturgy Activity Book*)

The person who was leading the people into false beliefs about God was a man named Arius. This became known as the Arian heresy. A heresy is a belief held in opposition of what the Church believes as a whole.

It is very important for us to learn the Creed and say it with everyone else. As we say the Creed, we are saying what we believe as Orthodox Christians.

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